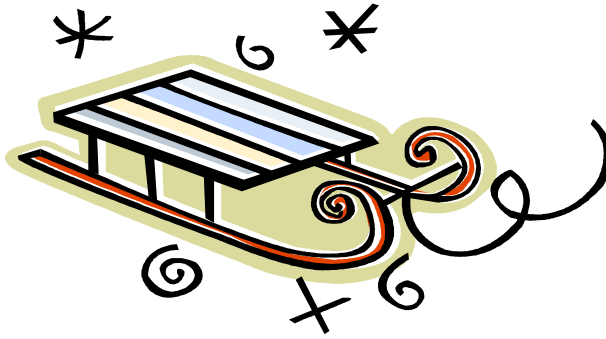


# TOWN OF COVENTRY PARKS & RECREATION DEPARTMENT 2012 WINTER PROGRAMS



Look inside for details on these programs and trips.

## Preschool Programs

Check out the Winter Mixed Grill lineup

Grades 5-8 (Fitness Battle 2 and Fun Night)

Christmas/February vacation camps

6<sup>th</sup> Annual Breakfast with the Stars

Shows at the Stadium Theater and the PPAC

NEW Tai Chi and Zumba<sup>®</sup> Adult Classes and more!

There is a residency requirement to enroll in all programs.  
Be prepared to show your ID at the time of registration.

Guy L. Lefebvre, Director

Jason Licciardi, Program Supervisor

Abby Pimentel, Program Assistant

Michelle Bell, Special Duties Clerk

Ph (401) 822-9107 Fax (401) 822-9148

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Website: [www.town.coventry.ri.us](http://www.town.coventry.ri.us)

## REGISTRATION

**Winter program registration begins Monday, December 12<sup>th</sup> from 8:30am-4:30pm in the Community Center's upstairs hall.** Registration will continue in the Parks and Recreation office from December 13<sup>th</sup> through the holiday season from 8:30-4:30pm Monday through Friday. Registration is required in the Parks and Recreation office prior to the start of any program unless otherwise noted. All fees must be paid at the time of registration to receive specific policies and schedules. Activities offered to **COVENTRY RESIDENTS ONLY**, with registrations accepted on a first come, first serve basis.

## **PARENT/CHILD & PRESCHOOL**

All classes will meet in the Community Center's upstairs main hall. Parents must stay and participate with their child in all activities. Classes are not designed for daycare providers, nannies, etc to enroll children in their care. There is a **\$10 fee** per class covering the entire winter session which runs Jan 9<sup>th</sup> – March 5<sup>th</sup>.

No Classes on 1/16 and 2/20-2/22.



### **“Parent /Child Dance Class”**

Instructor: Dori Edwards. Parents and their children will spend time together in a fun and unique way while being introduced to a variety of dance styles. This includes movement, beginner acrobatics and beginner ballet. Min12-Max 20

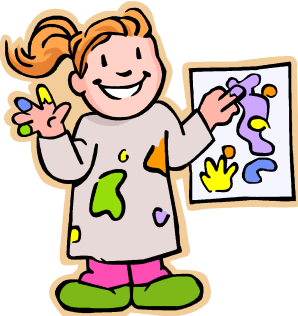
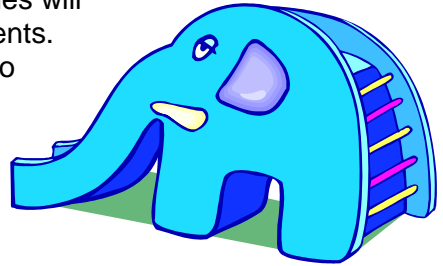
**Mon 4:00-4:45pm (3-6yrs)**

### **“Partner’s in Play”**

Instructor: Abby Pimentel. This is a special playgroup for you and your child. This class will foster the development of your child’s gross motor skills. Activities will include hopping, skipping, balancing and other creative movements.

Parents will be asked to provide a snack once per session and to assist the instructor with the curriculum. Min15- Max 20

**Tues 9:30-10:15am (2-5yrs)**



### **“Partner’s in the Arts”**

Instructor: Abby Pimentel. In this special playgroup you and your child will have fun singing some favorite songs and learning new ones.

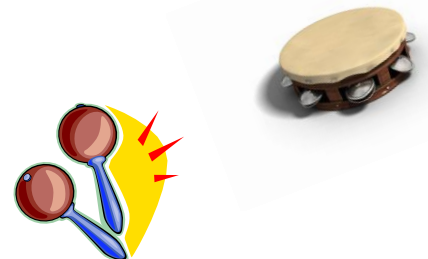
Children will be introduced to different musical instruments and using their imagination and creativity to create art pieces. Parents will be asked to provide a snack once per session and to assist the instructor with the curriculum.

Min 15– Max 20 **Tues 10:20-11:05am (2-5yrs)**

### **“Rhythm and Rhyme”**

Instructors: Early Intervention of R.I. This class will focus on singing and communication, following routines and directions along with social interactions. Staff will provide a fun musical environment with a variety of instruments and songs where children can explore. Max 7

**Wed 9:30am-10:15am (22-35months)**



# Fun programs for grades 1-5

## Arts and Crafts (Saturdays)

January 14<sup>th</sup> —March 10<sup>th</sup>. Fee: \$5.00 No class on 2/4 and 2/11  
Held downstairs at the Community Center. Grades 1-5 will meet from 9-10:00am. Children will make a variety of arts and crafts. Some of the crafts will include felt snow people, mosaic penguins, holiday cards and Chinese New Year crafts!!! There will be a different craft each week including holiday themes.



## “Mixed Grill” Friday Nights! 6-9:30pm (Grades 1-5)

We offer team games, arts and crafts, contests, prizes, trips, and snacks. The program runs from Jan 13<sup>th</sup> – Mar 10<sup>th</sup> No Program on 2/10, 2/24 and 3/9. Fee: \$25.00 includes all activities and trips. Drop off and pick up will take place at the Community Center’s side door. Children should dress in play clothes and sneakers.

### January 13<sup>th</sup>- Board Game Tournament Night

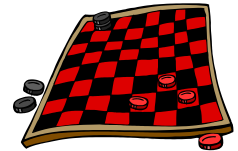
Play some of your favorite board games and learn how to play some new ones.

### January 20<sup>th</sup>– Trip to Chuck E’ Cheese

Included is 2 pieces of pizza, unlimited drinks and 16 tokens.

### January 27<sup>th</sup>- Movie Night

We’ll watch a newly released movie, eat popcorn and play games. Wear your PJ’s.



**February 3<sup>rd</sup>- Audubon Society visits!** Students will learn about life cycles and have the opportunity to investigate the life cycles of various animals from insects to ocean animals through the use of biofacts and hands-on learning activities. A live animal will accompany this program.

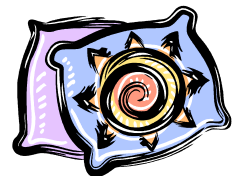
**February 17<sup>th</sup>– Mad Libs Fun Night** Let’s have many laughs creating quirky, silly stories with this fun, fill in the blank word game.

### March 2<sup>nd</sup>– Pillow Craft Night

Everyone will make their own individualized no sew fleece pillow tonight.

### March 16<sup>th</sup>– Fear Factor Game/Food night

We’ll play interesting and even gross games.



## Christmas Vacation Camps (4 days)

\$50.00pp includes, supervision, all admission fees and transportation. Children must bring lunches, snacks, and drinks everyday. Camps take place from 8:30am-4:30pm.

Please be aware of our late fee policy. Lunch will be provided on Tuesday only.

Please bring a lunch, snacks and drinks everyday.

### Grades 1-4 (65 children max)

Drop-off and pick-up will take place upstairs at the Community Center

**Tuesday, December 27**

Surprise Performance, Showcase Cinema and Papa Gino's for lunch

**Thursday, December 29**

Monster Golf and Art Company

**Wednesday, December 28<sup>th</sup>**

Pequot Museum

**Friday, December 30<sup>th</sup>**

Legion Bowl and Chuck E' Cheese



### Grades 5-8 (35 children max)

Drop-off and pick-up will take place at the Teen Center

**Tuesday, December 27**

Showcase Cinema, Papa Gino's for lunch and a Pool Tournament

**Thursday, December 29**

Lazer Gate

**Wednesday, December 28<sup>th</sup>**

United Skates and Cranston Bowl

**Friday, December 30<sup>th</sup>**

The Trampoline Place



## February Vacation Camps (4 days)

\$50.00pp includes, supervision, all admission fees and transportation. Children must bring lunches, snacks, and drinks everyday. Camps take place from 8:30am-4:30pm. Please be aware of our late fee policy. Please bring a lunch, snacks and drinks everyday.

### Grades 1-4 (65 children max)

Drop-off and pick-up will take place upstairs at the Community Center

**Tuesday, February 21<sup>st</sup>**

Monster Golf, Showcase Cinema

**Thursday, February 23<sup>rd</sup>**

Legion Bowl and Art Company

**Wednesday, February 22<sup>nd</sup>**

Trampoline Place

**Friday, February 24<sup>th</sup>**

Mystery Show & Chuck E' Cheese



### Grades 5-8 (35 children max)

Drop-off and pick-up will take place at the Teen Center

**Tuesday, February 21<sup>st</sup>**

Showcase Cinema, Papa Gino's for lunch

**Thursday, February 23<sup>rd</sup>**

Coco Key Indoor Water Resort

**Wednesday, February 22<sup>nd</sup>**

Lizzie Borden Museum and Lazergate

**Friday, February 24<sup>th</sup>**

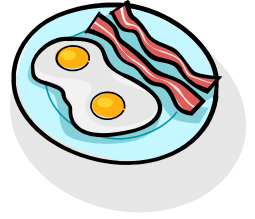
United Skates of America



## **Family Events at the Community Center**

### **6<sup>th</sup> Annual Breakfast with the Stars**

Join us on **Saturday, February 4<sup>th</sup>** for breakfast complete with characters that you all know and love. Sing and dance with them and even get their autograph. The lineup includes: Mickey Mouse, Elmo, Mumble the penguin from "Happy Feet" and Clifford the Big Red Dog. Doors will open at **8:45am**. The fee is \$5 for ages 0-12 and \$7 for ages 13-up. Pre-registration and proof of residency is required at the Parks & Recreation office. The breakfast is limited to the first 200 people to register.



### **Family Bingo**

**Friday, March 9<sup>th</sup> from 6:30-8:00pm** Join us for our 6<sup>th</sup> annual winter family bingo. This is a free night and all ages are welcome. An adult must accompany children. The 1<sup>st</sup> number will be called at 6:30pm and the last card will begin no later than 8:00pm. This is sure to be a fun filled evening with great prizes and refreshments at a nominal charge.

# BINGO!

### **Shows at the Stadium Theater (in Woonsocket)**

#### **Elvis Tribute "Viva Las Vegas" Saturday, February 4<sup>th</sup> \$20pp**

Leo Days, Elvis impersonator will be performing Elvis songs from the 50's, 60's and 70's. He sings and plays both guitar and piano. He will be joined by the Vegas Show Girls. Visit Leo Days' website to check him out. The recreation bus will leave from the Community Center at 6:30pm and will return at approx. 10:45pm. Min 25- Max 38

#### **Eddie Edwards presents "Legendary Divas" Saturday, April 7<sup>th</sup> \$20pp**

Experience a one of a kind show as the world famous impersonator Eddie Edwards of the Edwards Twins come back to R.I. Watch Edwards and his cast impersonate such stars as Cher, Bette Midler, Dolly Parton, Liza, Diana Ross and so many more superstars. The recreation bus will leave from the Community Center at 6:30pm and will return at approx. 10:45pm Min 25-Max 38



### **Broadway Show at the PPAC**

#### **Addams Family Wednesday, March 21<sup>st</sup>, 2012 \$30pp**

Wednesday Addams is getting married to a "normal" man. This makes the Addams Family go bonkers. Laugh out loud as Gomez, Morticia, Uncle Fester, Cousin IT and Thing meet their new extended family. This musical is a great way to spend the night out with your family.

**\*\*The bus will depart from the Community Center at 5:30pm\*\***

**\*\*Seating for the show is in the first dress circle.\*\***

# Teen Center

Grades 6 and up Phone: 822-9138

The Parks and Recreation Department provides a safe, clean and supervised environment for Coventry youth (grades 6 and up) to enjoy at **NO COST**. We currently have: ping-pong, shuffleboard, air hockey, 3 pool tables and much more. In addition the Teen Center offers numerous board games, video game systems and arcade games. Come play the Wii.

Check out or new sports lounge and all-purpose room.



## Monthly Happenings

Craft projects: Recycle bin art projects, planting indoor seedlings, quilt project and conversation bracelets, scrapbooking and more. Don't miss our Lucky Bingo on St. Patrick's Day.

The Teen Center is located at 668 Washington Street, in Anthony.

**\*Hours of operation: Monday - Thursday: 2:30-6:30pm Friday: 2:30-8:30pm**

**\*Please note that the Teen Center will be CLOSED during February vacation.**

Coventry Parks and Recreation Dept. &  
The Coventry Substance Abuse Prevention Task Force  
presents the following two programs:

## Friday Fun Nights Open to grades 5-8.

7 Friday nights from **Jan 20<sup>th</sup> to March 9<sup>th</sup>** from **6-9pm** at the Flat River Gym. No program on 2/24. **Fee: \$25** includes pizza, admission charges and supervision. Activities will include dodgeball, volleyball, basketball, crab soccer, wall ball, obstacle course etc... Field trips TBA. Pizza will be ordered on select nights. Wear sneakers and come ready to play!



## Fitness Battle 2 open to grades 5-8.

**Saturdays: Jan 21<sup>st</sup> – March 10<sup>th</sup>** NO program on 2/25 Fee: \$15 (covers all 7 weeks)

**12:30pm** - Drop off at Family Fitness Zone with Recreation staff.

**1:30pm** - We all walk to the Coventry Teen Center to prepare our own healthy snacks.

**2:30pm** - Activities. The center is only open for this program.

**3:00-3:30pm** - Pickup at the teen center. ID required.

**Week 1 & 2 Body Battle:** Your mission begins here. This is a battle between you and your body using bands and light weights. Who will win this sweaty fight to the end?

**Week 3 & 4 Shaolin Kung Fu:** 108 movements of ancient Chinese martial arts which focuses on centering, balance and defense.

**Week 5 & 6 Anything Goes:** The sky is the limit in this fun freestyle class. A variety of activities such as prison ball, scooters, dance, yoga and hooping.

**Week 7 Body Battle part 2:** Pickup your bands and light weights and continue with your personal body battle. Don't throw in the towel, the fight is yours to win.



**Each week youths will be helping to create their own healthy post-workout snack for re-fueling. Recipes will be provided to the children.**

# ADULT CLASSES

All classes are held upstairs at the Community Center.

*"Make getting in shape your New Year's resolution"*

## Yoga

Instructor: Liz Marsis Heal your body through gentle movement and relaxation. Mat or pad required. **Tuesdays 7:15-8:30pm January 10<sup>th</sup> – March 6<sup>th</sup>.**

**No class on 1/24 and 2/14. Fee: \$25pp Min 14- Max 25**



## Step HI-LO

Instructor: Linda Spink This workout includes cardio, strength training & conditioning. You need your own weights and mat. Our instructor recommends both 5 and 10 lb. weights. We will provide the step. **Mondays and Wednesdays 6:00-7:00pm January 9<sup>th</sup> – February 29<sup>th</sup>.**

**No program on 1/11, 1/16, 1/23, 2/20 Fee: \$20pp Min 15– Max 30**



## Zumba®

Instructor: TBA Zumba® is an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving millions of people toward joy and health.

**Mondays 7:15-8:15pm January 30<sup>th</sup> – March 19<sup>th</sup> No class on 2/20. Fee \$25pp**  
Min 9- Max 25

## Hooping

Instructor: Ellen Ortelt "Hooping" is a term for hula hooping with large customized hoops. **ANYONE** can hoop. This class is designed as an aerobic workout. You will begin at a beginner's level, hoop in both directions, hoop to music etc... Hooping can increase the strength and stability of your spine, improve your balance and improve hand-eye coordination. Hoops will be provided for this class. **Tuesdays 6-7pm January 10<sup>th</sup> – February 28<sup>th</sup>.**  
**No program on 2/14 Fee: \$25.00pp Min 7– Max 20**



## Dance Classes

Instructor: Tracy Rose Classes are open to singles & couples.

**Sundays January 15<sup>th</sup> – February 19<sup>th</sup>. No class on 2/5**

**Fee: \$10pp Min 14- Max 30**

**Ballroom: 7:00-8:00pm Latin Dance Series: 8:00-9:00pm**

## Tai Chi

Instructor: TBA Tai Chi is a Chinese art of healing. The goal is to harmonize the mind, body and spirit. Practicing the movements of Tai Chi will improve your balance, flexibility and strength, while calming the spirit and reducing stress.

**Wednesdays 7:15pm-8:15pm January 18<sup>th</sup> - February 29<sup>th</sup>.**

**Fee \$25pp Min 7- Max 20**



## **Walking Club** (held indoors)

Health and wellness can be achieved through a planned walking program. The health benefits of walking are well documented. Walking is easier on the skeletal joints than is running. Yet the cardiovascular benefits of walking can equal those of running. In addition, the mental and emotional benefits of walking such as the reduction of stress and improving your mood are ever present. It is no fun to walk alone. Share health tips with each other. Bottled water and a healthy snack provided each week.

**The club meets every Wednesday at 9am in the Flat River Gym (across from Town Hall). Parking is on the Walker Lane side of the building. Club runs from January 11<sup>th</sup> – February 29<sup>th</sup>. No program on 2/22. Fee 8.00**



## **Adult Gym Programs**

**\*\*You must show ID at time of registration.  
NO Exceptions. We only serve Coventry residents.**

## **Adult Men's Basketball**

### **18+ Adult Basketball (\$15 for the winter/spring season)**

Supervisor: Mike Palardy

This Program takes place at the **Feinstein Middle School** (Foster Dr.).

NO High School students.

**Tuesdays 5:30-8:30pm Jan 10<sup>th</sup> — May 1<sup>st</sup>** No program 2/14, 2/21 and 4/17.

### **18+ Adult Basketball (\$10 for the winter/spring season)**

Supervisor: Mike Palardy

This Program takes place at the **Flat River Gym** (Rte. 117).

NO High School students. No program 2/5, 4/8.

**Sundays (30 + yrs 5:30-7:00pm) Jan 8<sup>th</sup> — April 29<sup>th</sup>**  
**(18-29 yrs 7:00pm-8:30pm) Jan 8<sup>th</sup> — April 29<sup>th</sup>**



### **40+ Adult Basketball (\$10 for the winter/spring season)**

Supervisor: Chris Anderson

This Program takes place at the **Flat River Gym** (Rte. 117).

**Tuesdays 6:00-8:00pm Jan 10<sup>th</sup> — May 1<sup>st</sup>** No program 2/14, 2/21 and 4/17.

## **Beginner's CO-ED Volleyball**



### **(\$10 for the winter/spring season)**

Supervisor: Recreation Staff

This Program takes place at the **Flat River Gym** (Rte. 117).

**Mondays 6:00-8:30pm Jan 9<sup>th</sup> — April 30<sup>th</sup>** No program 1/16, 2/20 and 4/16.

The session is for those who want to have a good time. It is not designed to be a competitive session. This is not a team practice night. Teams are formed weekly. *Basketball and Volleyball registrations are accepted at the gym. Max 45 for basketball and 36 for volleyball.*

# **THE COVENTRY GREENWAY**

*Finally, the Coventry Greenway segment from Whitford Street (near West Warwick border) to Station Street (1.6 miles) is complete. Local, State, and National Greenway maps are available for FREE at the Parks & Recreation Department office. Maps are also on display at the Station St. kiosk. Happy trails for cool fall jogs. To learn more about this exciting project contact the Coventry Parks and Recreation Department by e-mail at [guyll@town.coventry.ri.us](mailto:guyll@town.coventry.ri.us)*

*Walking is the first step toward a healthier lifestyle. Besides having health benefits at every age, it's a fun activity to share with family and friends. Walking with others can give you the support and motivation you need to stick with it. See our Walking Club program.*



*By the spring of 2012 we should be well underway with the construction of the "west" segment of the 5 mile Coventry Greenway. Improvements from Station St. to Town Farm Rd. to should be completed in 1 year. The RIDEM segment from Coventry Center to Summit will be developed from 2012 to 2014 and the final phase to the Connecticut border to follow. Segments of the trail will be closed during construction requiring users to exit the path and follow Rte.117 for long distance travel. For more information on the trail improvement schedule call 822-9107. Happy Trails! Always wear a helmet and please leash and cleanup after your dog(s).*

## **Future Registration Dates**

Spring Recreation Programs - March 5<sup>th</sup>      Summer Basketball/Tennis - April 23<sup>rd</sup>  
Summer Playground Program - June 9<sup>th</sup>

## **Send us your e-mail**

If you would like to be added to our e-mail list for program information please send your e-mail to [guyll@town.coventry.ri.us](mailto:guyll@town.coventry.ri.us)

## **CANCELLATIONS**

The Coventry Parks and Recreation Department reserves the right to cancel a program due to insufficient registration or any other cause that prevents the presentation of an activity in an acceptable manner. If schools cancel or close early due to inclement weather or any other reason then all after school recreation programs will also be cancelled.

## **PAINE FIELD SKATE PARK**

The park is available daily at Paine Field and closes at dusk. Rules and regulations including separate bike and skating times are posted at the park and on our website. Youth 15 years and younger are required by state law to wear a helmet while skating or cycling.

## **PROFESSIONAL AFFILIATIONS**

The Coventry Parks and Recreation Department is a member of the Rhode Island Recreation and Parks Association (RIRPA), the New England Park Association, and the National Recreation and Parks Association (NRPA).

## MAJOR PARK COMPLEXES

**Herbert F. Paine Memorial Park** - Located at 1277 Main Street at the rear of the Coventry Recreation Comm. Center. Lighted baseball and softball fields and basketball courts. Two tennis courts and 2 playgrounds. Seasonal food concessions and restrooms. (12 Acres) Skate Park is open daily until dusk. **The Paine Field Attendant monitors the skate park from 2-10pm daily and maintains a “lost and found” of all articles surrendered from all parks.**

**John J. Giblin Memorial Recreation Area** - Located in Hunter’s Crossing off Knotty Oak Road, includes 1 playground, a softball field, basketball, tennis and volleyball courts. Also proposed are two additional playfields, and parking.

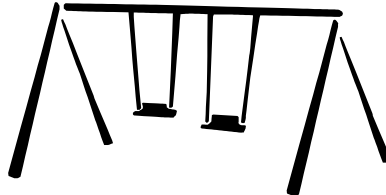
**Foster Memorial Park** - Located 1/4 mile north on Station Street from intersection of Main Street in Washington Village. Four baseball/softball fields, three soccer fields, hiking trail, volleyball court. Seasonal food concession and restrooms. 60 Acre conservation easement. (Total 86 Acres)

**Rice Field** - Located at 7 Knotty Oak Road, (Rte. 116). Offers two lit football fields, baseball field and playground. Seasonal food concession. Restrooms, Pavilion, Meeting room. (8 Acres)

**Central Coventry Park** - Located at the end of Provident Place off Phillips Hill Road in Coventry Center. Presently offers playground facilities, two tennis courts and an 18 station fitness trail. Also Picnic facilities, soccer and softball fields, volleyball and bocce courts are available. Restrooms and picnic pavilion. (26 Acres)

### Neighborhood Playgrounds

Harris Playground - Howard Avenue  
Quidnick Playground - McArthur Blvd.  
Dr. Highwood Estates - Ginger Trail  
Quidnick Field - McArthur Blvd.

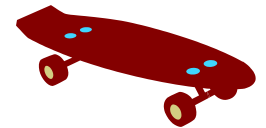


### Proposed Neighborhood Playfields/Playgrounds

Hope Furnace Estates (playfields)	Arrowwood Subdivision (playground)
Mishnock Estates (playground)	Blackrock Subdivision (conservation area)
Walker Ridge (active playfields)	Cassissi Estates (playground)
Red Brook Meadow (playground)	

### Neighborhood Playfields

Fish Hill Ballfields (2) - Fish Hill Rd.  
Colonial Acres –Proposed Playground  
Monroe Memorial Field - Wood Street  
Greenway Access – Rte 117  
Raven Woods (playfields)- Raven Blvd.  
Flat River Annex & Field Complex  
(5 Athletic Fields and Basketball Courts)



## PAINE FIELD SKATE/BIKE PARK

### RULES AND REGULATIONS

### \*Park Hours - (Dawn to Dusk)\*

- \*\* Skate/Bike at your own risk. This park is not directly supervised. The Town of Coventry is not liable for any accident or injury to persons or property resulting from the use of this park.
- \*\* All vehicles must be parked in designated spaces and not in public roadways. Park speed limit is 10 MPH. Parents should use the drop zone to drop off and pick up children safely.
- \*\* The use of a helmet is mandatory for any child 15 years of age and younger. Helmet must be properly fit and strapped on. It’s a RI State Law. Children without helmets will be refused.

- \*\* The use of protective equipment, including knee and elbow pads and wrist guards is strongly recommended. Falls are on asphalt and steel.
- \*\* Respect each other and the different levels of ability of each. Make room for beginners of all ages. Not everyone is an expert.
- \*\* Bicycles are only permitted in the park on Mondays, Wednesdays and Fridays from 2-5pm, Tuesdays and Thursdays 6pm-dusk, Saturdays 7am-Noon and 4pm-dusk and Sundays Noon-4pm. All other times are reserved for skateboarders, rollerblades and scooters. NO MIXED USE ALLOWED!
- \*\* Skating, skateboarding, scooters and bicycles are prohibited in all other court areas and parking lots and driveways.
- \*\* All skaters, scooters, skateboarders & cyclists should travel with the “flow” of the park & not across it. No motorized equipment.
- \*\* Do not congregate on park elements or on flat surfaces. No spectators allowed inside the park.
- \*\* Keep all conversation and music levels to a moderate level. Respect the rights of other park patrons and our neighbors.
- \*\* All patrons should respect the use by others, be considerate of other users, and share the space equally. Serious injury may result from being hit by a skateboard, falling or colliding. The Town of Coventry does not assume responsibilities for injuries or damages.
- \*\* Graffiti, vandalism, profane language, and the use of tobacco, alcohol or drugs are prohibited. No use of glass containers, and dispose of all trash in barrels; including chewing gum. No food is allowed on the skate park.
- \*\* All forms of use are at your own risk, weather and conditions permitting.
- \*\* A three strike discipline policy is in effect to stem behavioral problems.

